

2020 Dawn Mt. Huckleberry Loppet, Golden B.C. Race Notice

Classic: Saturday, February 1, 11AM **Skating:** Sunday, February 2, 11AM

Location: Dawn Mountain Nordic Centre, 1695 Hector Trail Golden B.C.

25 minutes from Golden, follow signs to Kicking Horse Mt. Resort and drive through the resort to turn right on Hector Trail. Golden is 1.5 hours east of Revelstoke, 2.5 hours west of Calgary, with good road conditions.

HOST CLUB: Golden Nordic Ski Club, Box 1991, Golden BC, V0A1H0. For current conditions and all club info check the website:

www.goldennordicclub.ca Contact Race Secretary for info: joandolinsky@gmail.com

RACE ENTRY: all entries must be registered and paid on line. Deadline Friday, 8PM Jan 31.

www.zone4.ca

The exception is Special Olympics 1.5k which can register on site. All Special O fees are \$10 per event.

DISTANCES, CATEGORIES: Age categories on the registration page, ages are as of Jan 1/20.
CLASSIC: 1k, 2.5k, 5k, 10k, 15k, 30k.

SKATING: 1k, 2k, 4k, 10k, 20k

Course maps will be posted at Dawn Mt. Chalet January 19. The courses are hilly!

OFFICIALS: Chief of Competition: Jeff Dolinsky (jury)

Chief of Timing: Ross Prather (jury)

Chief of Results: Andrew Caldwell (jury)

Race Secretary: Joan Dolinsky joandolinsky@gmail.com

Chief of Course: Jeff Dolinsky, Bruce McMahon

Chief of Stadium: Steve Conway

Chief of Grooming: Erwin Perzinger

PARKING at Dawn Mountain: Please follow the directions given by the Parking Officials. LEAVE EARLY TO ALLOW FOR TRAVEL, PARKING and WAXING.

You may need to ski or walk 200m from the parking area, as an individual skier.

WAXING: No waxing in the Dawn Mt. Chalet. Power cords can plug into the outside power boxes. Wax tents can be set up near the Chalet or stadium. Tents are not provided. Wax testing is allowed until 15 min before event starts.

BIB PICKUP: Pick up your bibs from 9:30 AM to 10:30 AM in the Dawn Mt. Chalet each day.

START LISTS, RESULTS: please check the start list on Zone 4 prior to the event to ensure you are registered in the proper category. Changes can be made by contacting the race secretary prior to the registration deadline. Start Lists and Results will be posted just outside the Chalet.

AID STATIONS: An aid station will be placed with drinks, food and first aid at intervals of 10k or less.

NOTE: TOURING SKIERS MAY BE USING THE TRAILS DURING THE LOPPET. WE ASK THAT YOU SKI WITH COURTESY.

LUNCH: All entrants and volunteers will be treated to our hot, world famous buffet lunch. You must provide a ticket. Skiers who turn in their bibs will be given a lunch ticket. A lunch ticket is available for the public for \$10 adults, \$5 children.

LICENCE AND RULES: No Licence is required. Nordiq Canada Rules.

1. **NO SKATING IN THE CLASSIC EVENT.** This policy will be enforced.
2. **STARTS:** Please line up according to your ability. Self-seeded start, faster skiers in front.

Saturday

11AM: 15k, 30k

11:05AM: 3.5k U12

11:07AM: 2.5k U10

11:08AM: 2.5k U8

11:15AM: 1k

11:40AM: 5k, 10k

Sunday

11AM: 20K, 10K

11:05AM: AM: 1K

11:25AM: 2K U12

11:26AM: 2K U10

11:27AM: 2K U8

11:45AM: 4K

TIMING: Chip timing will be used, with ankle bracelets. Bracelets must be returned after the event to avoid a fee for the bracelet. Backup is stopwatch timing. Skiers will be timed according to the class in which they are registered.

3. **ALL BIBS AND CHIPS MUST BE RETURNED AT THE FINISH AREA EVEN IF YOU DO NOT COMPLETE THE COURSE.**

4. **SPORTSMANSHIP:** Passing by a slower skier is done with lane changes, not tracking. Slower skiers please stay right. The skiing public is allowed on the course. Please be courteous.

5. Return your race bib at the finish line where you will receive your ticket for a hot lunch. PLEASE REPORT TO THE BIB COLLECTORS AT THE FINISH AREA IF YOU DO NOT COMPLETE THE COURSE.

6. **EMERGENCY ASSISTANCE:** We have a Ski Patrol/Doctor at the Dawn Mt. Chalet.

- There is a controller with radio located less than 6 km from any point on the 15/10 km courses.
- Controllers with radios are identified on the course.
- A skier with a radio will ski the course as sweeper. All bibs are accounted for each day.
- If you become ill or sustain injury, seek assistance from OR get word to the nearest controller.

Remain with the controller until they arrange to escort you off the course.

- If you should encounter a skier in need of medical assistance on the course:
 1. Provide comfort, and if qualified, provide first aid/CPR as required until another skier arrives.
 2. One of you stays with the downed skier while the other proceeds to the closest radio location. Take note of the location of the downed skier from trail signs and relay as much pertinent information to the radio operator as possible. Appropriate assistance will move to action as soon as the call comes from the radio operator.

7. **AWARDS:** Beautiful Hand Made Ceramic Medallions will be given to the first place finishers in all categories. Children will get awards right after their event.

All Children finishing will get a prize. Then they can go play in the playpark.

A buffet hot lunch will be provided for all entrants.

Draw prizes are available for all volunteers and entrants. Everyone's objective is to HAVE FUN!